

PWCS Nutrition Meal Benefits, Menus and More!

Students who attend a school that falls under the Community Eligibility Provision (CEP) will receive meals free of charge. Please visit the PWCS Food and Nutrition Department's website, www.pwcsnutrition.com, to view a list of the CEP schools.

Families of students not attending a CEP school are encouraged to complete a Free Meal Benefits Application. Free meals are available to students whose households qualify under federal standards. The Meal Benefits Application is available in English and Spanish on the [PWCS Food and Nutrition website](http://www.pwcsnutrition.com). After your 2023-24 Meal Benefits Application is processed, you will be notified by e-mail or US mail of your child's status. Until you are notified, you must provide your child with meals or money for meals. If your child was eligible for free or reduced-price meals in the 2022-23 school year, they will receive free breakfast and lunch until October 5, 2023.

Meal prices for the 2023-24 school year are listed below. You can pay for meals online via www.MySchoolBucks.com.

BREAKFAST	
Student Breakfast – All Grades	\$1.60
Second Student Breakfast	\$2.75
Adults	\$2.75

LUNCH	
Elementary School	\$2.60
Middle School	\$2.75
High School	\$2.85
Student Second Lunch	\$4.50
Adult Lunch	\$4.50
Milk A La Carte	\$1.00

Our breakfast and lunch menus are available online at www.pwcsnutrition.com. You can sign up to have the menu emailed to you monthly and download our free menu app for your smart phone!

Contact the Food and Nutrition Department at 703-791-7314 with questions, or visit our website, www.pwcsnutrition.com, for more information. We are looking forward to serving your students again this year!